

Dads Together

Sign up to our 6-week online group

Are you a dad and feel like you are constantly nagging at your child to get what you need?

The sessions will cover:

- Exploring what helpful discipline is.
- Recognising the triggers and responding more effectively.
- Learning new parenting tools to challenge children's behaviour
- How to negotiate and implement effective boundaries and family agreements
- How to hold boundaries and gain co-operation



**Wednesday 4th November
to 9th December 2026**

7.00pm to 9.00pm

Online via MS Teams

To book your place, call **Lesley** on **0204 522 8701**, email **services@coramfamilylives.org.uk** or scan our QR code to use our online referral form



Scan Me!

We build better family lives together

www.coramfamilylives.org.uk

 **@coramfamilyLivesHertsandBeds**

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